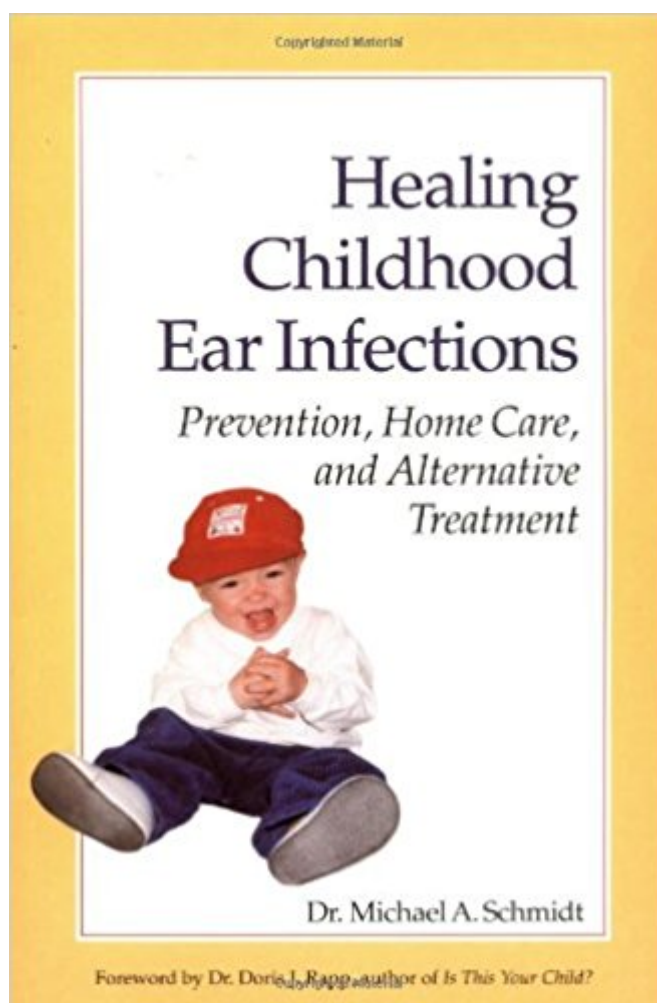


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# Healing Childhood Ear Infections: Prevention, Home Care, And Alternative Treatment



## Synopsis

Ear infections are still the leading reason parents take their child to a doctor. To combat infections, parents and doctors employ arsenals of antihistamines and antibiotics, and too quickly resort to ear tubes and surgery. In this updated and revised second edition of his bestselling *Childhood Ear Infections*, Dr. Michael Schmidt describes the current controversy in medical journals questioning existing treatments for chronic earaches.

## Book Information

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## Customer Reviews

"There are better ways of managing children's ear problems. Dr. Schmidt's comprehensively researched and referenced new book provides answers parents and professionals are seeking. My highest recommendation."- William G. Crook, M.D., Fellow, American Academy of Pediatrics  
"This book offers hope, solid information, and sound advice for discouraged parents and clinicians. It shines a much-needed, brilliant light on a common, troubling, often chronic childhood illness. It should be sent home from the hospital with every newborn - and be required reading for all clinicians."- Jan T. Adams, M.D., Clinical Professor, University of Minnesota Medical School

Dr. Michael A. Schmidt is the author of *Beyond Antibiotics*, *Brain-Building Nutrition*, *Childhood Ear Infections*, and *Tired of Being Tired*. He did his Ph.D. research in molecular medicine and biochemistry within the Life Sciences Division at NASA Ames Research Center, with studies in neuroscience and metabolomics at Lancaster University. He teaches in the Metabolomics

Training Program at the University of Colorado, and he works closely with the human disease modeling laboratory (3-D tissue analogues group) and with the human space flight initiative of the suborbital research group at NASA.Â He has applied his work in functional genomics and metabolomics to human disease states, as well as to methods to enhance human performance.Â Dr. Schmidt co-founded Sovaris Aerospace, which addresses problems of complexity in space biomedicine, along with Cyvia Neurosystems, which develops EEG-based neurophysiology tools.Â He is a gifted communicator, who has spent his career translating complex topics in science and medicine to general audiences.

Loved the opportunity to read a book that suggests alternate ways to address ear infections. We had been searching for answers and recommendations other than the standard medical response. We tried many of the recommendations, against the recommendation of our MDs, but unfortunately they did not work for our child. We changed our diets, stroked the lymph nodes religiously, added supplements, etc. We even tried chiropractic with a highly recommended person with 50% pediatrics in their practice, but our child ended up with long-term complications (numbness in extremities, dizziness, neck pain - imagine this is from compressed spinal cord/brain stem but 10 months later we are still trekking from MD to MD trying to get the complications improved since there is NO way we will have him adjusted again and risk permanent paralysis). I would recommend people try techniques in this book because maybe they will work for your child, but PLEASE be careful with spinal adjustments, particularly working around the occiput!

Since following the recommendations in this book, my 19-month-old has been ear infection free. He used to get one or two a month and we were constantly heading to urgent care on the weekends for antibiotics. Every time he got the sniffles it would turn into an ear infection. It's been about two months now and he's had a cold a few times and it's gone away on its own after a few days! I'm so glad I found this book and would highly recommend it to other parents.

By the time my son was 18 months old, he had had seven ear infections in the past six months and was scheduled to have surgery for tubes. My father suggested I research alternative medicine first, so I bought this book. What a wonderful source of information that most pediatricians don't tell you. We tried a handful of remedies recommended in this book, all with great success. It is now 9 months later and my son has only been diagnosed with one ear infection during this time, and to our surprise when we told the pediatrician we didn't want to treat this ear infection with antibiotics, he

agreed that it was best NOT to treat it, that his own immune system would fight it. And guess what? It did!

Great book

This book was instrumental in helping me decide what to do about my daughter's hearing deficit. An ENT doctor wanted to do a 3-part surgery without even suggesting allergy testing and it became a legal issue as I refused his advice and an agent from child protective services came to my house to question my decision. This book and another I ordered and read were great helps in showing the agents and the audiologist doctor why my point of view is not one of an uncaring, hysterical mother. If you would like to know what, exactly, is going on with your child's ears you should read this book, written by doctors, neither really for nor against surgery, just full of information on alternatives and reasons to avoid needless surgery.

This book was just what I was looking for! My son was battling repeated ear infections and I knew there had to be other options than antibiotics and ear tubes. I am so glad I read this before we progressed to surgery. I am now an active homeopathic user, and my son has been earache free for months!! thank the author for presenting all the options available.

This book is a must for any parent who is experiencing the endless rounds of doctor's visits and antibiotics to treat chronic ear infections. This book explains in layman's terms the reasons why traditional treatments for chronic ear infections don't work. Some doctors jump-the-gun and prescribe antibiotics when there is fluid in the ear, but not infection. This can harm rather than hurt the child and set them up for a lot of other problems down-the-road.

The authors maintain that boosting our immunity offers much better protection against illness than combatting each new virus or harmful bacteria strain. In an age where the effectiveness of antibiotics is quickly diminishing, the alternative approaches offered in this book make a lot of sense. Our family has already followed a few suggestions with positive results. Highly recommended.

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